RG AND E MONTHLY MESSENGER

MAY 1947

Making Tasty Breakfasts Easier to Prepare

Breakfast may be a habit, pleasant or otherwise, depending a great deal upon the amount of time and thought used in planning it. Fruit juice, toast and coffee may be quick, but is sadly lacking when measured in food value, satisfying quality and actual enjoyment of eating.

An easy pattern to follow in planning breakfast is this:

1. Fruit or fruit juices — especially oranges, grapefruit, tomato juice, for the daily Vitamin-C requirement.
2. Cereal, with cream, top milk and sugar.
3. Plus—eggs, bacon, sausage, pancakes —other family favorites.
4. And toast, rolls, muffins.
5. Coffee for the grown-ups—milk for the "growing-ups."

If you've gotten away from some of the stick-to-the-ribs traditional breakfast dishes, here are some recipes to refresh your memory. Try them for Sunday morning specials, and they'll soon become part of every-day eating.

FRENCH TOAST

4 eggs	¼ t sugar
¾ c milk	1 t salt

8 slices bread

1. Beat eggs, add milk, sugar and salt.
2. Dip bread in mixture and brown on both sides on a hot greased griddle or frying pan.
3. Serve with maple syrup, marmalade or jam.

N.B. Cut this in strips for the children. It's more fun to eat!

QUICK PEACH KUCHEN

Temp: 375°F Time: 25-30 minutes

Halves of peaches, fresh or canned	3 T water
	1 egg
½ c brown sugar	¼ c sugar
2 T butter	½ c milk
¼ c raisins	1¾ c biscuit mix

1. Arrange peach halves in buttered baking dish. Sprinkle with brown sugar and dot with butter.
2. Bring raisins to boil in water and pour over peaches.
3. Beat egg, add sugar and milk. Combine with biscuit mix.
4. Cover peaches with biscuit dough.
5. Bake in preheated oven. Serve warm.

N.B.—For speedy breakfast preparation, have this kuchen ready the night before. Cover and store in refrigerator, to be placed in the oven the first thing in the morning.

This is also excellent for an evening snack, served warm with whipped cream and coffee.

Maple Syrup Recipes

The Home Service Department has prepared a special sheet of maple syrup recipes. You'll want to make use of them, with the spring's new supply of maple syrup on the market. Just call or write the Home Service Department, Rochester Gas & Electric, in Rochester. The telephone number is Main 7070.

Storage of Frozen Foods

Packages of frozen food brought from the locker or the grocery store should be stored in the freezing compartment of your home refrigerator until time for cooking or serving. Some of the new refrigerators provide space for storing as many as 30 or 40 packages of frozen foods. This means fewer trips to the locker plant or the store, and it also means that some packages will be kept for as long as several weeks in the refrigerator. They can be kept safely, even through a defrosting period. Here are the simple directions to use:

1. Remove frozen food from freezing compartment and place on shelf of refrigerator.
2. Defrost refrigerator as quickly as possible. To do this in the electric refrigerator, turn indicator to "OFF" and place ice cube trays filled with boiling water in freezing compartment. The frost will melt quickly.
3. If you have a gas refrigerator, defrost in the usual way.
4. Wipe freezing compartment dry, and return indicator to normal setting. Place packages of frozen food back in freezing compartment.

When You Move . . .

If you decide to move to another address you have only to call us by telephone and give us your new address and the date of moving. Let us know at least two weeks ahead and then we'll look after the continuation of service at your new address without interruption so that you'll find everything ready for you when you move in.

Answers to Questions About Our Appliance Service Policy

A number of our customers have asked us questions about our appliance service policy. With the thought that you might be interested, we are listing some of the questions and the answers to them.

Q. What about "no charge" service—has that been eliminated?

A. By no means. The Company makes no charge for any work resulting from trouble with the gas or electricity or for any work performed as a result of trouble ahead of the meter. There is also no charge for service to new appliances purchased from RG&E within the guarantee period.

Q. What things are you charging for?

A. Only those necessary adjustments and repairs to your appliances which are either out of our guarantee period or where the trouble has nothing to do with the nature of the gas or electricity itself.

Q. Why have you eliminated some of your "no charge" service?

A. We couldn't continue it and justify the expense. For years, now, our costs have been rising steadily. Materials and supplies cost more—transportation and wages have gone up, but the rates for the things we sell—gas and electricity—have not increased. And the margin between base costs and sales return has been getting so small that something had to be done.

Q. Are you repairing appliances not purchased from RG&E?

A. In general we are leaving that work to the dealer or distributor who sold the appliance. If no one else is available, however, we will do our best to find out what is wrong and will render emergency service if it is needed.

Q. What do you charge for appliance service work?

A. Our present rate for work done in the home is $2.50 per hour for a man and his car with a minimum charge of $1.50 plus repair parts. On Sundays or Holidays there is an additional charge of $1.00 per job.

If you have any other questions about our service policy, just call MAIN 3960—we'll be glad to try to answer them for you. In the meantime we're going to do our utmost to see that you get the very best kind of service we can give you. Our standards are higher than ever. Please let us know if we fall short.

A CHANCE FOR INVENTORS

Every day new electrical gadgets come on the market but here are a few ideas to which the bulging-browed wizards might turn their attention:

An electric cake of soap that will ring a bell when Junior fails to wash his ears.

An electric loud speaker that will yell: "Nobody home" when a bill collector rings the doorbell.

An electric telephone attachment that will flash a photo of the party calling before you answer.

An electric recording eye that will follow your golf opponent into sand traps.

An electric table-tipper that will break up the card game when it's time for Wifie to go home and prepare the Old Man's supper.

The secret of success is making hay with the grass that grows under other people's feet.

Stick to the beaten path and you're sure to get in a rut.

"I SEE YOUR SON'S BEEN HANGING AROUND THAT WASHING MACHINE CROWD AGAIN!"

Mothers Know...

Health and Hot Water go together...

Baby's bath, bottles, wash and well-being need plenty of pure, clean hot water. You always have a dependable supply of hot water for every health and household use with Automatic Gas Water Heating Service in your home.

ORDER YOUR AUTOMATIC GAS WATER HEATER NOW FROM THE R. G. & E. OR YOUR PLUMBER